## Cuyahoga Valley National Park Volunteer Program Building a Community of Park Stewards



## Cuyahoga Valley National Park Adopt-a-Trail Program

Trail Sweep Schedule – Spring 2010

**Do you want to help out in your national park?** The Adopt-a-Trail Program is an opportunity for people of all ages to assist the staff of Cuyahoga Valley National Park in maintaining safe and well-groomed trails by joining a group that takes responsibility for one trail. Help "sweep" the trail by picking up litter, trimming branches, clearing culverts, and reporting trail conditions. See the schedule below for more information.

March 2 3 6 10 10 13 21 27	Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m. Pine Grove/Ledges, 10 a.m. to 3 p.m. Boston Run, 10 a.m. to 1 p.m. Tree Farm, 1 p.m. to 5 p.m. Stanford/Brandywine Gorge, 9 a.m. to Noon Old Carriage, 9 a.m. to 3 p.m. Plateau, 10 a.m. to 3 p.m.	<b>April</b> 3 6 7 10 14 14 24	Pine Grove/Ledges, 10 a.m. to 3 p.m. Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m. Stanford/Brandywine Gorge, 9 a.m. to Noon Boston Run, 10 a.m. to 1 p.m. Tree Farm, 1 p.m. to 5 p.m. Plateau, 10 a.m. to 3 p.m.
May 1 4 5 8 12 12 22	Pine Grove/Ledges, 10 a.m. to 3 p.m. Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m. Stanford/Brandywine Gorge, 9 a.m. to Noon Boston Run, 9 a.m. to Noon Tree Farm, 1 p.m. to 5 p.m. Plateau, 10 a.m. to 3 p.m.	June 1 2 5 9 12 26	Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m. Adopt-a-Trail Workshop, 8 a.m. to 10 a.m. Pine Grove/Ledges, 10 a.m. to 1 p.m. Boston Run, 9 a.m. to Noon Tree Farm, 1 p.m. to 5 p.m. Stanford/Brandywine Gorge, 9 a.m. to Noon Plateau, 10 a.m. to 3 p.m.

## Learn Trail Maintenance at Adopt-a-Trail Training Workshop on June 5, 2010

Join Adopt-a-Trail crew leaders and veteran crew members at the 9<sup>th</sup> annual Adopt-a-Trail Training Workshop to be held on National Trails Day, Saturday, June 5<sup>th</sup>, 2010. The day starts at 8 a.m. with a continental breakfast, followed by one hour of classroom training. From 10 a.m. until 1 p.m. we will do an actual trail maintenance sweep of the Ledges, Pine Grove and Forest Point trails.

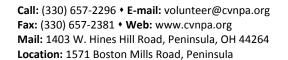
Meet at the Octagon Shelter, 801 Truxell Road, 1.5 miles west of Akron Cleveland Road in Peninsula. Bring a small pack with lunch, water and work gloves. Wear sturdy shoes and dress for the weather.

For more information or to reserve a seat, contact Shelby Lewis, Volunteer Program Assistant at 330-657-2296 or volunteer@cvnpa.org.

**Blue Hen Falls Trail** crew meets at the Blue Hen Falls parking lot off Boston Mills Road. For sweep schedule call Mike Brittain at (330) 865-0794.

Boston Run Trail crew meets at the Happy Days parking lot off SR 303. Call Dave Herbster at (330) 666-2270.

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**Haskell Run Trail** crew meets at the Happy Days parking lot off SR 303. For sweep schedule call Joan Greenberg at (330) 338-6324.

Lake Trail/Cross Country Trail crew meets at Kendall Lake parking lot. Call Tom DiNardo at (330) 688-1767.

Old Carriage Trail crew meets at 714 Fieldcrest Court, Sagamore Hills. Call Gene Wimmer at (330) 467-9593.

**Pine Grove Trail/Forest Point Trail/Ledges Trail** crew meets at the Octagon parking lot off Truxell Road. Call Bill O'Brien at (330) 825-9302.

Plateau Trail crew meets at the Oak Hill Trailhead parking lot off Oak Hill Road. Call Dave Burgan at (330) 678-9028.

Salt Run Trail crew meets at the Pine Hollow parking lot off Quick Road. Call Pete Allison at (330) 725-6097.

**Stanford Trail/Brandywine Gorge Trail** crew meets at the Boston Store parking lot off Boston Mills Road. Call Carol Lewanski at (216) 261-0307.

Tree Farm Trail crew meets at the Horseshoe Pond parking lot off Major Road. Call Evan Nolan at (216) 407-6936.

## Are you interested in adopting "your own" trail?

Volunteers are needed to lead new trail sweep crews. Contact your crew leader or Shelby Lewis at the Volunteer Office for more information at (330) 657-2296, or volunteer@cvnpa.org.

Cuyahoga Valley National Park Volunteer Program is co-managed by the National Park Service and the Cuyahoga Valley National Park Association (CVNPA). To learn about volunteer opportunities please visit www.cvnpa.org or (330) 657-2296.